



NIKE The official publication of New York State Women, Inc.

VOL. 69 ■ ISSUE 1 ■ SEPTEMBER 2019

NEW YORK STATE
women, INC.

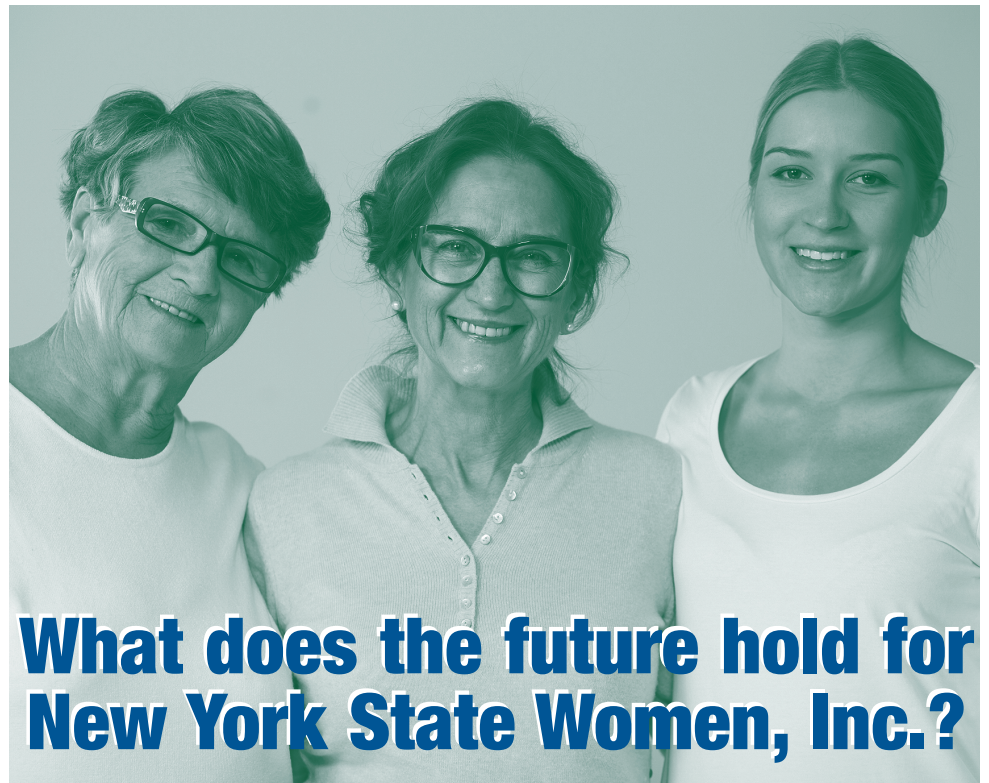
Our Mission

To build powerful women
personally, professionally,
and politically.

Our Vision

To make a difference in the
lives of working women.

Generations of women: Our past, present and future.



What does the future hold for New York State Women, Inc.?

Dated Material — Deliver Promptly

1919-2019

BUSINESS AND
PROFESSIONAL WOMEN
OF NEW YORK STATE

100th anniversary

NEW YORK STATE
women, INC.



Happy New Year!

from Robin Bridson
NYS Women, Inc. President, 2019/2020

HELLO EVERYONE! HAPPY NEW YEAR!

I know . . . it isn't January and I certainly don't want to rush the cold and snow, but we are starting our new year with New York State Women, Inc. and it's a time to start fresh! It's a time to make plans, to set goals and resolutions . . . a time to get moving!

What do you want to do with your membership to NYS Women, Inc. this year? Do you want to get more involved on a region or state level? Do you want to build up your chapter with exciting programming that will attract new members and retain your existing members? Do you want to participate in the Personal and Professional Development program (PPD) or bring it to your chapter? Do you want to learn more about Career Development Opportunities (CDO) or the Grace LeGrand Endowment Fund (GLEF)? Information on both CDO and GLEF is available on our NYS Women, Inc. website – nyswomeninc.org – under "Programs."

What do you want to do? Now's the time to make plans! Now's the time to get organized. Now's the time to ask for assistance from your region and state leadership. We are here to help and we WANT to help!

My motto for this year is **Membership Matters** and I want to strongly promote development, nurturing, mentoring, and fun! I know there are a limited number of hours in a day, and what you choose to do, and join, and get involved with is a choice. We hope that you choose to be with us!

We're holding monthly (and optional) conference / web calls via Zoom. It's a great way to connect with NYS Women, Inc. from the comfort of your couch. Information on upcoming calls will be in "The Communicator." Please join us!

Please also connect with us on Facebook. You can find a listing of all of the local chapter Facebook

pages on our website (under "News"). Follow the pages, connect and comment, and share what you're doing on your own chapter page. Tag people. It's a great way to get the word out about what we do and to promote members and interest in the community.

Our Fall Board meeting is coming up and you're in for a treat! Join Region 8 and spend the weekend of October 11-12, 2019 at the luxurious Harbor Hotel on the shores of Chautauqua Lake in southwestern New York State. We are offering an affordable weekend to relax, unwind, enjoy fabulous food and scenery, meet up with friends and visit great attractions such as the National Comedy Center in Jamestown. Curious about the governance of our organization? Want to become involved? Your registration fee includes informative workshops and admission to the board of directors meeting. Room charges and meals are separate. The Friday night mixer will be a "Taste of Eight" buffet, one-price vouchers will be available for a leisurely Saturday breakfast and mid-day, the "Chautauqua Favorites" hot luncheon buffet will be on the menu. Don't miss out on this opportunity to enjoy the autumn scenery in these lovely surroundings. A registration form is included in this issue and will also be available on our website. The reservation deadline is September 10, 2019

I'm very excited for our year together and really looking forward to connecting with you! If you need anything, please let me know! Email me at president@nyswomeninc.org.

Take care and remember . . . **Membership Matters!**



2019

MONTHLY
15 Communicator deadline

MAR
15 NIKE submissions deadline

SEPT
2 Happy Labor Day!

OCT
11-12 NYS Women, Inc. Fall Board
 Escape to Chautauqua!
 Harbor Hotel
 10 Dunham Avenue
 Celoron, NY 14720

**Reservation Deadline:
 September 10, 2019**

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NIKE Submissions

All contributed articles must be original work; all previously published works must be accompanied by the publisher's authorization to reprint. NIKE reserves the right to edit contributed articles for clarity and length, and reserves the right to refuse to publish any contributed article.

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NIKE is a quarterly informational magazine for New York State Women, Inc. members and other professional women. Published 4 times per year (September, January, May/June and May). Circulation: approximately 1200. Payment must accompany all advertisement requests. NIKE reserves the right to refuse to publish any advertisement.

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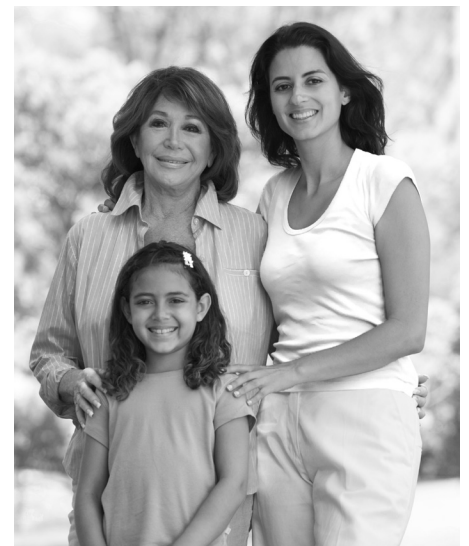
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From the Editor

“It is now not in the next century, but now we must recognize that cooperation among all people cannot remain a dream”



LENA MADESIN PHILLIPS, FOUNDER of BPW

“WHAT DO YOU THINK NYS WOMEN, INC. WILL ACCOMPLISH IN ITS next 100 years?” That is the question we pose in this issue of *NIKE*.

We received input from several of our members on what they envision for our future. Just some of their thoughts include:

“We should be out front and center and be a prominent voice until equal pay is achieved.”

“We are in the House and in the Senate. Having a woman as President of the U.S. is now in the past.”

“We will be sought after for our expertise in professional, personal, and political survival.”

“NYS Women, Inc. will be the premier women’s organization, known for educating and training of all women in leadership, career building, personal growth...”

“Passage of the ERA is very important and every state in the U.S. will have passed it thereby ensuring rights for women everywhere.”

Going forward, let’s make sure our organization’s next 100 years of advocacy are THE most impactful and life-changing for working women across the state; that we “make a difference.”

And since this issue of *NIKE* is all about the future, let me share the themes for our upcoming issues! December will be “Using Your Voice;” March will be “Centennial of the 19th Amendment: A Woman’s Right to Vote;” and the conference issue for May/June will be “New York State Homegrown!”

“Escape to Chautauqua!” for the NYS Women, Inc. fall board meeting. You don’t want to miss what promises to be a great time, October 11 – 12, 2019, at the Harbor Hotel on Lake Chautauqua in Celoron, NY. Our host will be Region 8, and they’ll show you the best of Western New York for this meeting! Check out pages 8 – 10 for registration forms as well as Chautauqua Lake attractions, wineries, and must-see’s.

Hope to see you there!

-Joyce DeLong

NIKE DECEMBER 2019 ISSUE DEADLINE: SEPTEMBER 15, 2019. Please type *NIKE* in your email subject line and send to the attention of Joyce DeLong, *NIKE* editor, at PR@NYSWomeninc.org. Previously published material must be accompanied by a letter from the publisher with permission to republish and credit line to be included with the article.

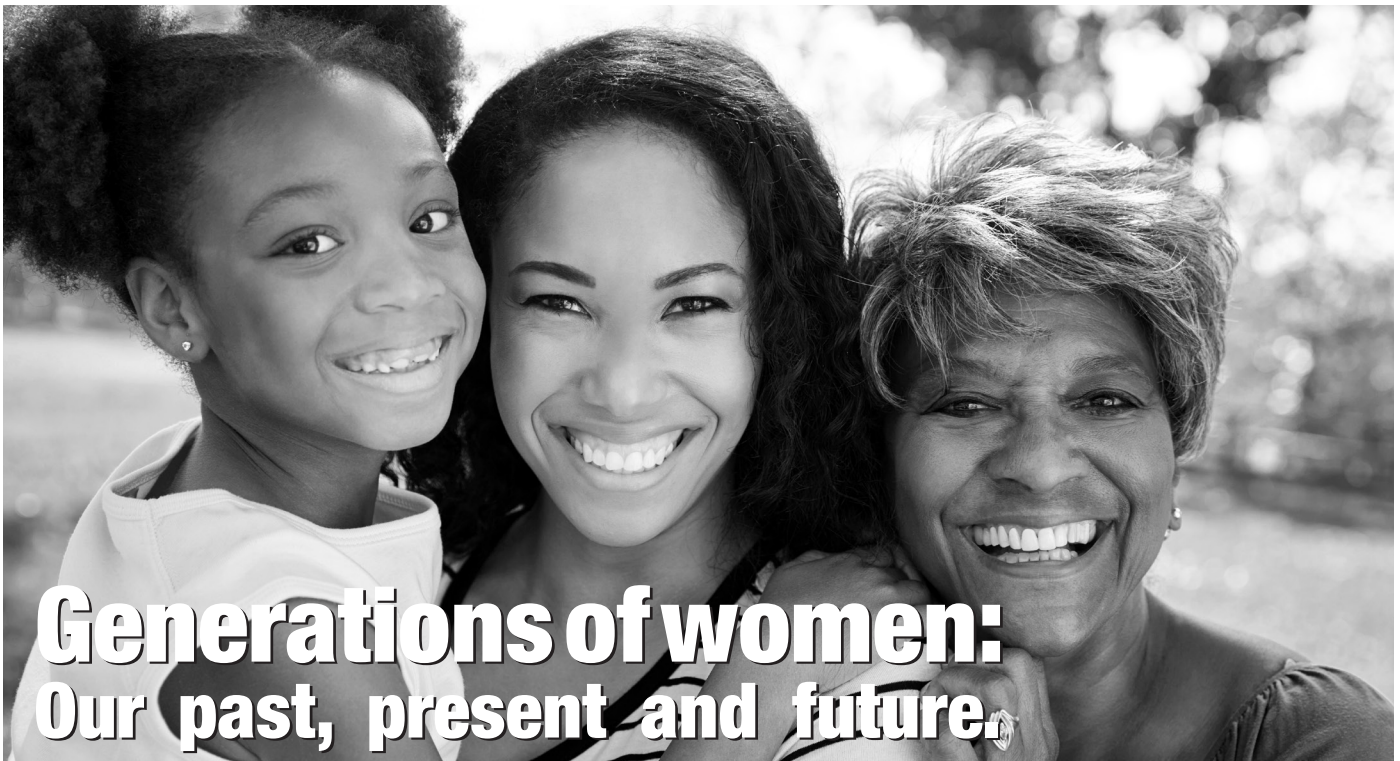
Feature: NYS Women, Inc. Centennial

[Editor's note: This is the last of our 2019 NIKE features on NYS Women, Inc.'s 100th anniversary. In this September issue we hear from some members on what they expect our organization to accomplish for women in the NEXT 100 years.]

Through the Looking Glass

by Claire Knowles
Member, Buffalo Niagara Chapter

In the next 100 years, what will NYS Women, Inc. accomplish?



Generations of women: Our past, present and future.

It has been 100 years since women's right to vote became a reality. So . . . "What's next for New York State Women Inc, as the coming decades unfold?"

Will we still be advancing "powerful women personally, professionally and politically" over the NEXT 100 years?

Steve Jobs, (1955-2011) founder of Apple, once shared that "You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future."

Our past rests on the shoulders of great women – such as Susan B. Anthony, Elizabeth Cady Stanton – and the many others we've detailed in earlier issues of NIKE.

We've survived huge amounts of change during the last 100 years, especially advances in technology, from the first burst of electric light to now charging our cell phones and iPads without even thinking about electric power.

We women have gone from being second-class citizens to being pioneers across the spectrum of careers. We're educated. We hold important positions. We are doctors, lawyers, entrepreneurs, teachers, nurses, professors, writers, financiers, administrators – professionals in all walks of life. We are powerful and prominent – professionally and politically. We are voters. We've passed on the torch with each generation, enabling and embracing change. Indeed,

Continued on page 18



what started out as an organization where women harnessed the power of the suffragettes, we're now cheering as women take the reins as CEOs, senators, governors, ambassadors – and are campaigning for president of the United States.

Still, we also remain caregivers, do-gooders, helpers, nurturers. In our homes, (while decorated much differently than 100 years ago!), we still tend the hearth. But today we have a choice. We can choose to work or not work outside the home.

What impact will NYS Women, Inc. have within the next 100 years? I would like to see NYS Women, Inc. leading the charge in equal pay for women in NYS. We should be out front and center and be a prominent voice until equal pay is achieved. We should be helping women negotiate better/equal salaries. Teaching the skills needed to close this gap at every level of employment. We should be the voice of equality not just for women – equality for everyone regardless of gender or race. Every human deserves to be treated fairly and with respect. We need to set that example and fight for fair treatment of everyone.

I would like to see NYS Women, Inc. be the leading resource for developing young women into leaders. This organization needs to mentor and have young women in leadership positions so they can become leaders in companies or political leaders.
-Renee Cerullo, past state president & BNC member

What impact will NYS Women, Inc. have within the next 100 years? With a vision to build women politically, personally and professionally, NYS Women, Inc. will have all the bases covered.

Over the next 100 years we will see women represented in all career fields. We are in the House and in the Senate. Having a woman as President of the U.S. is now in the past. Americans elect the best person for the position regardless of gender. I believe NYS Women, Inc. has been a driving force behind this. Our members know they can do anything as long as they have the skills, knowledge and abilities to bring to the board room.

We will continue to focus our efforts with local colleges and universities specifically colleges that offer a women studies curriculum. We know we are their mentors and can pave the way for these young women to become successful.

Over the next 100 years, it will be an exciting time to watch how the world adapts to the changing roles of women.
-Helen Rico, past state president & member of Professional Business Women of Rome

What impact will NYS Women, Inc. have within the next 100 years?

One hundred years is a long time. Consider the awesome changes the world has seen within the last 100 years: women's right to vote, legal birth control, man on the moon, computers, a female presidential candidate. Barring a nuclear holocaust or earth's proposed demise within the next 10 years due to climate change, New York State Women, Inc. will be around to pick up the pieces and move humankind forward.

To paraphrase Mark 14:7, "The poor you will always have with you, and... women will help them...." Women are strong, we bear children, we nurture, we are the peacemakers, we are the "picker uppers" when the pieces fall. Whether we are a federation as we know today's NYS Women, Inc. – or members of individual tribes of women – we will be around to help those in need. We will be sought after for our expertise in professional, personal and political survival. Our mission and programs will be relevant to younger generations. New York State Women, Inc. – in some fashion – will prevail.

**-Jacquie Shellman, president-elect,
NYS Women, Inc. & member at large**

We still bear our children and raise our children.

We still advocate because there is much work to do . . . to raise the status of all women . . . to eliminate racism, to push to improve the lives of all women, to ensure women's rights, equal pay, improved health care, and benefits. And we fight – against that which enrages us to our core – sex trafficking.

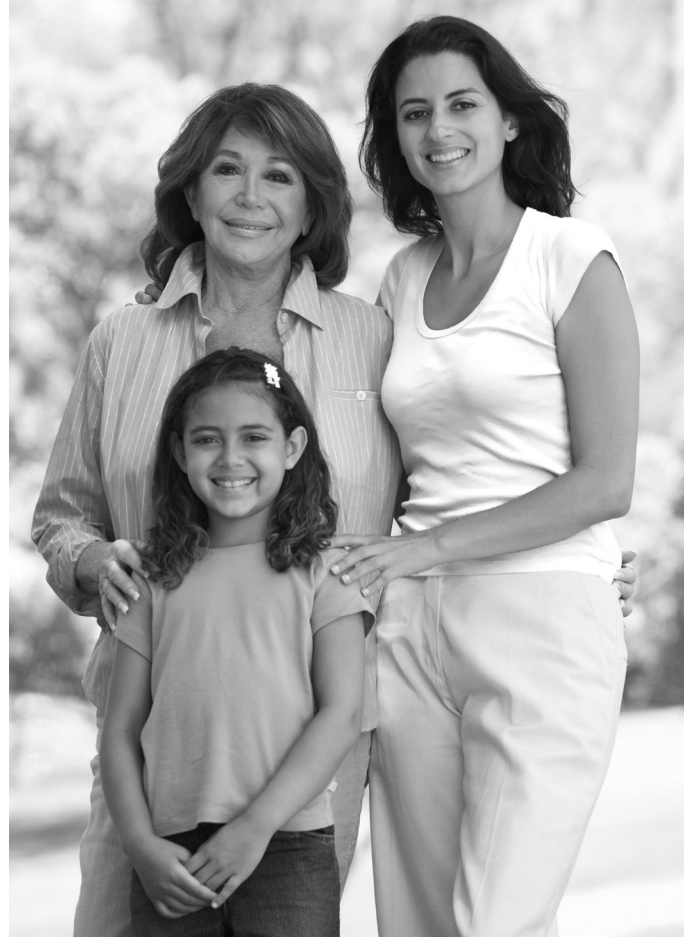
Some things have changed, some things have stayed the same.

What about the next 100 years? We can look to *futurism* for some answers. Futurism is the concern with events and trends of the future, or which anticipate the future.

We know that in just the next 10 years, artificial intelligence (AI) will have a huge impact on our world. Robotics are already here. Drones will soon be delivering our packages. And our vehicles will become self-driving. The devices we use to communicate will continue to evolve, getting smaller and smaller. The lens of our eyes will be critical to our identity (optical character recognition – eliminating credit cards, security gate entry, etc. Humans will return to the moon, and then go forward to Mars.

The way we live will change. Already Blue Apron provides ready-to-make meals, home-delivered – so we don't have to shop for groceries. Our homes will truly become "smart" homes in ways we can't even imagine. AI technology will continue to innovate.

Generations of women: Our past, present and future.



Similarly, as there is an APP for just about anything, even TAKL – for shifting household chores – so too, will this continue.

Now . . . add another 90 years of innovating to get to 100 years into the future. Futurists expect we'll have flying cars, printed food, walk-in medical pods in our homes which will detect and provide multispectral scanning and treatment, and we'll take holiday trips to Mars! There'll be underwater cities and colonies on other planets. Longevity will increase – it

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What impact will NYS Women, Inc. have within the next 100 years?

The St. Lawrence Chapter aspires that within its next 100 years, NYS Women, Inc. will be the premier women's organization, known for educating and training all women in leadership, career building, personal growth, and empowerment, statewide and nationally. Our hope is that this organization will be known for achieving equal pay for women; and will have tripled in membership.

-St. Lawrence Chapter

New York State Women, Inc.

“Escape to Chautauqua!”

NYS Women, Inc. Fall Board Meeting October 11 - 12, 2019 • Celoron, NY

CALL TO: Fall Board Meeting
DATE: October 11th and 12th, 2019
LOCATION: Harbor Hotel, Chautauqua Lake
TO: Executive Committee and
Members of the Board of Directors
All members of New York State Women, Inc.

NOTICE is hereby given that the Fall Board Meeting of New York State Women, Inc. is scheduled for Saturday, October 12, 2019 at the Harbor Hotel, Chautauqua Lake, 10 Dunham Avenue, Celoron, NY 14720.

- The business session will be held on Saturday, October 12, 2019. All board members in good standing will be eligible to vote. All members are welcome to attend the business session but will not vote at this meeting.

- All reports will be given verbally, rather than written, giving all in attendance an opportunity to put a face with a position. Only standing committee chairs and region directors give board reports. Reports should be a brief list of goals and accomplishments for the year.

- There will be a networking dinner on Friday, October 11th with tastes of the region.

- There will be workshops on Saturday morning, October 12th.

- There will be a Region Directors and Assistant Directors meeting and all members are encouraged to attend in support of your region leadership and as a tool for learning more about the organization.

All members of New York State Women, Inc. are encouraged to attend and participate and we hope to see many of you in the beautiful Chautauqua Lake in the Fall!

Respectfully submitted,
Robin Bridson, President
New York State Women, Inc.

NEW YORK STATE
women, INC.



Escape to Beautiful Chautauqua Lake!

You're in for a treat! Join Region 8 and spend the weekend of October 11-12, 2019 at the luxurious Harbor Hotel on the shores of Chautauqua Lake in southwestern New York. We are offering an AFFORDABLE weekend to relax, unwind, enjoy fabulous food and scenery, meet up with friends and visit great attractions such as the National Comedy Center in Jamestown. Curious about the governance of our organization? Want to become involved? Your registration fee includes informative workshops and admission to the board of directors meeting.

Room charges and meals are separate. Friday night mixer will be a "Taste of Eight" buffet, one-price vouchers will be available for a leisurely Saturday breakfast and at mid-day, the "Chautauqua Favorites" hot luncheon buffet will be on the menu.

Don't miss out on this opportunity to enjoy the autumn scenery at these lovely surroundings.



About the Chautauqua Harbor Hotel

Welcome to the Chautauqua Harbor Hotel located in a beautiful and quaint lake front community on the shores of historic Chautauqua Lake in Celoron, NY. The hotel features 135 deluxe guest rooms and suites – many with patios and views of the lake. Free parking. Fresh brewed Starbucks coffee and tea is available on guest room floors each morning from 6:00 until 11:00 AM; there is a sitting area on each floor with lake view. The hotel also offers a concierge service; 24-hour business center with printers; and complimentary wi-fi. Weather permitting guests can enjoy outside dining with a perfect view of the lake. The Carousel Bar is the perfect spot to relax and meet friends

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New York State Women, Inc.

FALL BOARD Hotel Information

OCTOBER 11 – 12, 2019
 Chautauqua Harbor Hotel
 10 Dunham Avenue • Celoron, NY 14720
 Hotel: 716-489-2800
 TheChautauquaHarborHotel.com

To register, call the hotel front desk at
 (716) 489-2800
 and refer to the Women, Inc group.
Reservation Deadline: September 10, 2019

RATES PER ROOM

Note: rate valid for single, double or triple occupancy

2 Queen or 1 King with village view (parking lot):
\$139 + tax* (\$18.07) = \$157.07 per room per night

2 Queen or 1 King with lake view:
\$159 + tax* (20.67) = \$179.67 per room per night

*Tax is estimated.

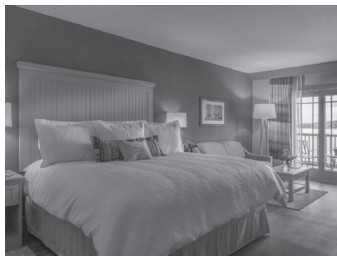
King Suites available upon request

These rates are good for October 10th, 11th, and 12th.

*For planning purposes, Friday night is a networking event.
 Saturday morning will be workshops.
 Board Meeting after Saturday lunch, ending by 4:00 PM.*

Cutoff date for reservations at group rate: 9/10/19.
All reservations to be made by attendees, individually.

Check-in: 4:00 PM. Check out: 11:00 AM.



FALL BOARD MEETING Registration

OCTOBER 11 – 12, 2019
 Harbor Hotel, Chautauqua Lake
 10 Dunham Avenue • Celoron, NY 14720

Please note that registration can also be submitted online by visiting nyswomeninc.org and going to EVENTS. When you register online you either pay by credit card or opt to mail a check prior to deadline.

Early Bird Registration Deadline: September 15, 2019

If not registering online, send completed form and payment to:
 (checks payable to New York State Women Inc. and note in Memo area "Fall Board Meeting" and date) to Patti Pollock, PO Box 30, Mt. Upton, NY 13809;
 Phone: 607-316-6003; Email: pjplock63@gmail.com

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

CHAPTER _____

PHONE: _____

E-MAIL _____

Dietary Requirements: (check all that apply) Allergic to _____
 Diabetic Gluten free Other _____

Registration Fees for All Attendees

- Early Bird Registration **\$25** due by Sept 15, 2019 \$ _____
- Late Registration **\$35** if received after Sept 15, 2019
- On Site Registration **\$50** upon arrival

Individual Meals: Meals are not included in the hotel reservation and MUST be paid with meeting registration.

Meals NOT listed below are on your own.

- Friday dinner \$28 \$ _____
- Saturday breakfast \$15 \$ _____
- Saturday lunch \$30 \$ _____

Total Amount Enclosed \$ _____

Name Tag Information: (Check all that apply)

- State Officer
- State Parliamentarian
- Immediate Past State President
- Past State President
- Standing Committee Chair
- Standing Committee Vice Chair
- Special/Sub Committee Chair
- Special/Sub Committee Vice Chair
- Outgoing Region Director # _____
- Outgoing Asst Region Dir # _____
- Incoming Region Director # _____
- Incoming Asst Region Dir # _____
- Outgoing Chapter President
- Incoming Chapter President
- Career Recognition Competitor
- New Careerist Competitor
- Pers & Prof Dev Competitor
- Member
- First Timer
- Guest

New York State Women, Inc.

“Escape to Chautauqua!”

NYS Women, Inc. Fall Board Meeting October 11 - 12, 2019 • Celoron, NY

for drinks, brick oven pizzas, and local microbrews. They also have an indoor pool, hot tub and fitness center; and outdoor pool and fire pits. Discounts are available for local attractions (ex: National Comedy Center).

Chautauqua Area Destinations

Picturesque Chautauqua County is a year round vacation destination offering something for everyone. The area boasts world-class arts and cultural programming at the Chautauqua Institution as well museums including the new National Comedy Center and Lucille Ball Desi Arnaz Museum in nearby Jamestown, the legendary comedian's hometown. Other attractions include the Lake Erie Wine Trail, offering 30,000 contiguous acres of fragrant vineyards, and Frank Lloyd Wright's Graycliff Estate, showcasing the venerable architect's ideal of organic architecture.

The **National Comedy Center** is the first state-of-the-art museum dedicated to telling the vital story of comedy in America. It celebrates comedy's great minds and unique voices, from Charlie Chaplin to Dave Chappelle. Exclusive collections and world class exhibits give fans and unprecedented behind the scenes look at the time – honed creative processes that have elevated comedy to an art.

Experience **Lake Erie Wine Country** located on the south shore of beautiful Lake Erie in Pennsylvania and New York. Here you'll step back in time as you explore



the wineries, villages and beaches that are nestled among green rolling hills in the midst of 30,000 contiguous acres of luscious, fragrant grape vineyards. (For more info or to book tours, go to www.lakeeriewinecountry.org)

The **Grape Discovery Center** is the official Visitor's Center for the Lake Erie Concord Grape Belt, designated a New York State Heritage Area in 2006. Developed by the Concord Grape Belt Heritage Association, it seeks to be an experiential destination that supports and promotes the grape industry through sharing stories and engaging, educating and informing the public about all

things grape. Admission to the Center is free and wi-fi is available.

Lucille Ball Desi Arnaz Museum. “I Love Lucy” is widely regarded as one of the greatest sitcoms in the history of television. Tour the museum dedicated to the show's success in star Lucille Ball's hometown



of Jamestown. Admission to the Lucille Ball Desi Arnaz Museum & Center for Comedy proudly display the show's costumes, memorabilia, photographs and much more, including recreations of sets and educational exhibits highlighting the lives and careers of Lucille Ball and Desi Arnaz, one of the most influential couples in American comedy.

Chautauqua Institution is a community on the shores of Chautauqua Lake in southwestern New York that comes alive each summer with a unique mix of fine and performing arts, lectures, concerts,



interfaith worship and programs, and recreational activities. Over the course of nine weeks, more than 100,000 visitors will stay in Chautauqua and participate in programs, classes, and community events for all ages- all within the beautiful setting of a historic lakeside village.

The **Roger Tory Peterson Institute of Natural History Center** is devoted to fostering knowledge of the natural world and preserving the legacy of the pre-eminent American artist-naturalist of the 20th century. The Audubon Community Nature Center is a nature preserve which seeks to build and nurture connections between people and nature by providing positive outdoor experiences, opportunities to learn about and understand the natural world, and knowledge to act in environmentally responsible ways.

2019 Grace LeGendre Endowment Fund Fellowship Awards

submitted by Sue Mager, GLEF publicity committee chair

The 2019 Fellowship Awards were presented at the New York State Women, Inc. Annual Conference Awards Luncheon June 8, 2019 at the beautiful Del Lago Resort in Waterloo, NY. GLEF President, Elsie Dedrick, spoke about the Fellowship awards and Fellowship Chair, Ramona Gallagher, announced the 2019 Fellowship Award recipients: Christina Santini, Kimberly Corrie, and Pilar Ramirez. Miss Corrie, who attended the lunch with her sister as her guest, received her fellowship award and delivered heartfelt words of gratitude.

Kimberly Corrie, UB

It was with great pleasure that I applied to be a candidate for the Grace LeGendre Fellowship. I am extremely honored to have been chosen as a recipient of this award. Receiving the scholarship not only will help with my tuition, but it will also help finance my research of pediatric mental illness in foster children. It will also give me the opportunity to spend some time at an unpaid internship site that will further my experiences. With the education that I receive during my Master's program through the University at Buffalo, I plan to work specifically with children who are struggling with psychiatric illnesses that are placed in the foster system. These children often do not receive proper care and services, and my goal is to advocate for and initiate appropriate psychiatric services for this population. Thank you again for selecting me as an awardee for the 2019 Grace LeGendre Fellowship.

Pilar Ramirez, NYU Tandon School of Engineering

Thank you to The NY Grace LeGendre Endowment

Fund, Inc.

I am sincerely honored to have been selected as a recipient of the NY Grace LeGendre Fellowship. Being an awardee of this scholarship means a lot to me. I am very thankful and humble of being selected. Thank you for making this scholarship possible. Thank you for your generosity, which will allow me to continue advancing in my career.

I promise to keep working hard to be successful in my career and to help others in the future in the same way you are helping me.

Christina Santini, Manhattanville College

My name is Christina Santini and I am from Westchester County, NY. I am an aspiring elementary school teacher. I obtained my Bachelor's Degree in Childhood Education from Manhattanville College in May of 2018, graduating Cum Laude, and am now pursuing my Master's Degree in Literacy Education, also at Manhattanville. During my time at Manhattanville I have been an active member of Kappa Delta Pi, the International Honor Society in Education serving as president of my school's chapter. I believe all children should have a strong literacy background and I hope to inspire a love of literacy amongst my students. I am very grateful to be a recipient of the Grace LeGendre Endowment Fund Fellowship. I work part time so that can devote my time to my studies. As a recipient, I plan to use the scholarship towards continuing my master's program over the summer. Thank you to the Grace LeGendre Fellowship Committee for your time and consideration, I am very appreciative of this award.



Professional Development Program

Let us help you find your voice.

submitted by Patti Pollock, Professional Development Programs committee chair

Each one of us has a story! Let *your* voice be heard – tell *your* story. Inspire others. Change lives. If you have a personal achievement, or a professional change, or a cause that is important to you, we're here to give you a voice. We want to hear from you, and support you. We will help you in every step of the journey. As a bonus, you could win \$500, \$300, or \$200 (the *best* part is you have the oppor-

tunity to attend a NYS Women, Inc. conference and network with an amazing group of women).

I competed in the personal development category at the 2018 conference and my experience was life changing. I was supported by the Professional Development Programs (PPD) committee member Robin Allen from

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Chapter and Region News

Chadwick Bay Chapter – 8

- submitted by *Donaldly Hover*

Join Chadwick Bay on Saturday October 26 for a **Halloween winery tour** and tasting (costumes are optional). It will start at Teri Pacos' home at 10758 Center Road, Forestville. Starting at 11:30 AM – join us for a pot luck (bring a dish to pass) beverage. Plates and meat will be provided. The bus leaves at 1:00 PM for the local wineries.

The \$35 per person fee includes transportation, tour, and wine tastings at three locations, souvenir glasses, and \$5 off a purchase at Merritt Estate Winery.

Make your check payable to NYS Women Chadwick Bay Chapter, c/o Terri Pacos 10758 Center Road, Forestville, NY 14062

Please respond prior to 10/15/19.

Save the date for the chapter's Getaway Weekend on February 7th, 8th, and 9th, 2020. It will take place at the Chautauqua Harbor Hotel in Celoron, NY (www.thechautauquaharborhotel.com).

More details to come at: facebook.com/NYSWChadwickBay.

Lakeshore Chapter – 8

- submitted by *Ramona Gallagher*

Longtime BPW/NYS and Lakeshore Chapter member Dorothy Mangano turned 99 on August 10th; her family held a party for her on the 11th in Jamestown, NY. She was President of NYS Business and Professional Women, 1982-1983, and continued to be active in Region 8 until just a few years ago. Dorothy was recently transferred to an assisted living facility, Lutheran Home, 715 Falconer St., Room A128, Jamestown, NY 14701. She would certainly appreciate notes or cards from NYS Women, Inc. members!

Rome Professional and Business Women Chapter – Region 5

- submitted by *Beth Jones, president*

Here's a round up of the Rome chapter's recent activities. These members sure have fun!

The chapter's May 15th meeting welcomed guest speaker **Patrol Officer Holly Kennedy**, City of Rome Police Department, who discussed "Threats that Affect Women and Our Community." Holly offers her time to speak to Girl Scout troops and students. She also talked about the obstacles she endured and the requirements when she went through the process to become a police officer.



Beth Jones, chapter president presented Kennedy (on the right in picture above) with a certificate of appreciation that evening.



Photos clockwise from upper left: Brianna Kubic gives her Power Point presentation. NYS Women, Inc. President Robin Bridson (left), Rome Chapter Co-President Heather Sullivan (right) presenting certificate of appreciation to Brianna Kubic (center). Left to right: Carol Manuele, re-instated member; speaker Brianna Kubic; Carol Topi, new member; and Robin Bridson.

Rome's June 19th meeting included a presentation from **Brianna Kubic, PharmD**, from Rome Memorial Hospital. Brianna discussed "Taking Over the Counter Along with Prescription Medicines" and gave a Power Point presentation on common medicines and the effect of certain foods, juices, and other medicines.

The Rome chapter held a fund raiser event on July 17th at the Uncork & Unwind Art Studio in Rome, giving members



the opportunity to express their creativity by creating a painting of a scene chosen by all of them. Owner **Katie Tyler** was presented with a certificate of appreciation by **Beth Jones**, president. In return, Katie gave the chapter \$95 which will be added to the Rome scholarship fund. Katie also donated 30% of the money spent that evening back to the chapter.



St. Lawrence County Chapter – Region 5

- submitted by *Sue Bellor, chapter president 2019-2020*

St. Lawrence County Chapter vice president and scholarship chair, **Sue Bellor** (right), presented the chapter's annual scholarship to **Desiree Hargrave** (left) at the Massena High School's awards ceremony.



Desiree was selected from among several applicants for best in character, service and academic success. Desiree will be attending SUNY Geneseo



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Chapter and Region News

in fall 2019 and will be studying both biochemistry and music. Her long term plans are to become a veterinarian plus play as a professional musician in an orchestra.

The St. Lawrence County Chapter of NYS Women Inc. **installed its leaders for 2019-2020.**

Charter member **Patricia McGrath** conducted the “rainbow ceremony” and presented a rose to each leader representing their respective roles. From left: Patricia McGrath, Secretary Erica Leonard, Treasurer Debra Langevin, Vice President Audrey Marshall, and President Sue Bellor.

The chapter recently inducted new member Mrs. Cosette Witty-Lewis. Cosette was installed and received a welcome pink rose for membership.



Let us help you find your voice. *continued*

start to finish. I found my voice! I had such amazing support from the women of NYS Women, Inc. and this has allowed me to grow personally.

This support gave me the confidence to enter the political arena and I’ve taken on the challenge of serving as treasurer for a district attorney campaign in Chenango County. I’m also organizing a 5K race in honor of a young girl who lost her life from domestic violence – I want to honor her life and give *her* a voice.

In addition to the PPD competition at the 2020 conference, we’d like to hear from seasoned members. We are looking for women who want to share their NYS Women, Inc. experience, and give insight on how our organization has impacted their lives.

The PPD committee will be visiting regions and attending chapter meetings to support and help women around the state find their voice.

Let’s make this a memorable year for women’s voices to be heard. To schedule a committee member to visit your region or chapter contact Patti Pollock, PPD chair, at pjpollock63@gmail.com.

NIKE DECEMBER 2019 ISSUE DEADLINE: SEPTEMBER 15, 2019. Please type *NIKE* in your email subject line and send to the attention of Joyce DeLong, *NIKE* editor, at PR@NYSWomeninc.org. Previously published material must be accompanied by a letter from the publisher with permission to republish and credit line to be included with the article.



NIKE All Stars

The 2018-2019 *NIKE* All Star Campaign is in full swing and thank you to our loyal supporters who have already sent their listings in.

Members will have an opportunity to contribute at our annual conference, and chapters, regions and friends of NYS Women, Inc. can send contributions anytime to the *NIKE* Business Manager. Information on contributing can be found on our website.

Rates: Platinum Patrons: \$75 and over
Golden Givers: \$50 – \$74
Silver Supporters: \$25 – \$49
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Make check payable to:
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Mail form and check(s) to: Sue Mager, *NIKE* Business Manager, 3406 McKinley Parkway, Apt C-11, Blasdell, NY 14219
E-mail: NIKEmgr@NYSWomeninc.org.

Publication July 15th/Sept. issue Oct. 15th/Dec. issue
Deadlines: Feb. 1st/March issue March 15th/May issue

<p>Past State Presidents Dorothy Mangano, 1982-83 Debra Carlin 2017-19 Elsie Dedrick, 1997-98 Betty Drislane, 1991-92 Audrey MacDougall, 1993-94 Barbara Lynn Ziegler, 1996-97 Clare Sullivan, 1996-97 Lucille Argenzia, 1998-99 Mary Stelley, 1999-2000 Vi McKaig, 2000-01 Maria Hernandez, 2001-02 Linda Przepasniak, 2004-05 Helen Rico, 2005-06 Linda Winston, 2006-07 Neale Steiniger, 2008-09 Mary Ellen Morgan, 2009-11</p>	<p>Susan Mager, 2012-13 Amy Kellogg, 2013-14 Colleen Ostiguy, 2014-15 Renee Cerullo, 2015-16 Theresa Fazzolari, 2016-17</p> <p>Platinum Patrons Theresa Fazzolari Patricia Ferguson Audrey MacDougall Susan Mager</p> <p>Golden Givers Linda Przepasniak</p> <p>Silver Supporters Susan Bellor</p>	<p>Patricia Fanning Ramona Gallagher Deborah Langevin Patricia McGrath Mary Ellen Morgan Colleen Tyll</p> <p>Bronze Boosters Robin Allen Sue Ellen Baldauf Jill Bowers Robin Bridson Debra Carlin Rosemary Cavanaugh Maujuno Eleaine Croteau Coina Deir</p>	<p>Christine Donohue Adriene Emno Shirley Felder Sherry Fox June Hanrahan Marilyn Manino Alice Michael Carol Michalski Joann Olbrich Region 6, NYS Women Inc. Jacqueline Shellman Bernadette Sunderlin Nancy Taylor Linda Winston</p>
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In the next 100 years, what will NYS Women, Inc. accomplish?

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is projected that most people will live to be 100-years-old. With longevity, it is likely that within the next half century we'll see more and more older women cohabitating together in communal-suites, technically-advanced housing as we age together. (Think of it as "The Golden Girls" on AI steroids.)

Sound amazing? (It is hard to wrap one's mind around this).

There's a place for New York State Women, Inc. to continue to make a difference and that is in continuing to strive to eliminate sex trafficking. Women's safety will still be an issue well into the future. Recognize that our biological natures are not likely to change over the next 100 years. People will still be exploited by stronger forces.

The more artificial intelligence takes over our lives, the more difficult human relationship building will be. It is projected that more self-help, and more do-gooder agencies will be needed, simply because of our human nature – our innate need to connect – our innate need for an authentic value system – our need for a community where we have shared values and a sense of belonging – where there is "heart."

Enter New York State Women, Inc – a community of shared values for being the best we can be (together) as women and that creates the wherewithal to ensure that women's potential is fulfilled – personally, professionally, and politically. We've got heart now, and we'll have heart into the future. We're in this for the long, long haul!

That won't change.

Claire Knowles is a 2-time Amazon best-selling author, including the book, "Can You See Them Now? Elephants in our Midst." She is a speaker and business leadership consultant, helping leaders and their teams become the most effective they can be at accomplishing their goals (together). She is a member of the Buffalo Niagara Chapter. Contact her at 716-622-7753 or www.ClaireKKnowles.com.

STAY IN TOUCH!



www.nyswomeninc.org



www.facebook.com/nyswomeninc



info@nyswomeninc.org

One hundred years from today – in 2119 – what will the evolution of empowered women look like? Looking at this through a personal lens it will be the generation of my 14-year-old boys kids and grandkids. My deepest wish is families are more homogenized on what the roles and responsibilities are, based upon each member's strengths and passions. The roles are not predetermine by gender. What is fascinating about this is the upbringing of future generation will start with broad experiences of the possibilities to add value to our world. Just think, as young children are increasingly raised in households where the Moms and Dads roles look different from the homes of each of their friends. They will not feel compelled nor confined by the concept of "what's right." Rather they will grow with an increased view of it's what's right for us. How does that play out into their learning journey? They are more flexible, adaptable and challenge the concept of "must be." This is a powerful growth of all humans to be broader thinkers.

As these generations move into the workplace they will bring that open mindset and curiosity with them. They will help to continue to challenge traditional boundaries and will be far more receptive to difference. The differences will be their norm. I challenge that the empowered woman will also be the empowered male as we both evolve into Enlightened leaders. If this might be our future, how are we each today expanding the experiences of our youth, pushing beyond our own boundaries to grow, and learn, and cultivate the environments at home and work to broaden our shared perspectives?

-Becky Brubaker, BNC secretary & member

What impact will NYS Women, Inc. have within the next 100 years? During the next 100 years of NYS Women, Inc. there will be a substantial increase in membership; that the organization will continue to empower women personally, professionally, and politically; and that we have the first woman president (and also several more).

Passage of the ERA is very important and every state in the U.S. will have passed it thereby ensuring rights for women everywhere. We will continue to see more women in political appointments and also elected to govern this great nation of ours at every level of government.

-Mary Stelley, secretary, NYS Women, Inc. & Lakeshore member



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Staten Island Chapter

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Capital Region
Women's Network
Professional Women of
Sullivan County
Town and Country
Westchester Chapter

Central New York

Central NY Chapter
Professional Business
Women of Rome
Mohawk Valley Chapter
St. Lawrence Chapter

Central Southern Tier

Susquehanna Chapter
Greater Binghamton Chapter
Walton Chapter
Tri-County

Finger Lakes

Lake to Lake Women
Professional Women of
the Finger Lakes
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Yates County Women

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Buffalo Niagara Chapter
716 Chapter (Clarence area)
Chadwick Bay
Lakeshore Chapter

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